# Safety tips for kids



Burn Notice

* Remind grown-ups to keep hot foods and liquids away from tables and counter edges so they cannot be pulled or knocked over.
* Grown-ups should always be careful when using things that get hot such as curling irons, oven, irons, lamps, heaters.
* Hot things can hurt you. Stay away from hot things.

Just Right?

* Remind grown-ups to test the water before placing children or themselves in the tub.

Cool a Burn

* Treat a burn right away. Put it in cool water for 3-5 minutes. Cover with a clean, dry cloth.
* Remind grown-ups that if the burn is bigger than your fist, or if you have any questions, to get medical help right away.

Safety in the Kitchen

* Remind grown-ups to stay in the kitchen when cooking. Keep things that can burn (potholders, towels, and paper) away from the stove.
* Stay three feet away from the stove when a grown-up is cooking.

Electrical check-up

* Help grown-ups check electrical cords to make sure they are not damaged.

Heating Reminders

* Remind grown-ups to keep space heaters 3 feet from anything that can burn.
* Grown-ups should always turn off space heaters every time they leave the room and before going to bed.
* Remind grown-ups never to use an oven to heat your home.

Match and Lighter Safety

* Tell a grown-up if you find matches or lighters
* Grown-ups should keep matches and lighters up high in a locked cabinet.

Candle Caution

* Remind grown-ups to put out lit candles when they leave a room.
* Stay three feet away from burning candles.

Safety Smart Grown-up Reminders

* Install smoke alarms on every level of your home, inside each bedroom and outside each sleeping area.
* Test smoke alarms once a month.
* Replace smoke alarms every 10 years.
* Make a home fire escape plan with your family.
* Find two ways out of every room and an outside meeting place.
* Know the emergency number for your fire department.
* Practice your escape plan twice a year.
* When the smoke alarm sounds, get outside and stay outside!