

Baby-sitter's Fire Safety Tips



www.firecomm.gov.mb.ca

Taking care of children is a serious responsibility. Knowing what to do in the event of a fire emergency is part of the job.

Remember ... Life First ... Property Last!

An Escape Plan

- **ASK** if they have a home fire escape plan.
- **HAVE** them give you a home tour. Learn where all the windows and doors are and make sure you can open them.
- **FIND** two ways out of each room - especially bedrooms.
- **CHECK** for working smoke and carbon monoxide alarms.
- **MAKE** sure the family has decided on an outside meeting place.

In a rural setting:

- **ASK** if there is an unlocked sheltered place to wait for help.
- **ASK** if there is an outside or portable phone to call for help.
 - Have parent/guardian or your parents call every hour to check in.



Stay with the Kids

- **NEVER** leave children unattended.
- **SUPERVISE** when they are awake and check on them when they are in bed.

Safety Tips

If a child's clothing catches fire ...

- DON'T** let the child run
- Stop
 - Drop
 - Cover Your Face
 - Roll



If a burn occurs ...

- Cool and Call
- Begin cooling the burn and call for help immediately

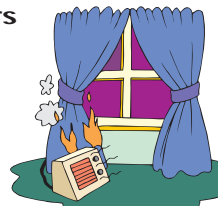
Matches and Lighters

- **NEVER** smoke or use candles while babysitting.
- **PUT** matches or lighters where children can't see them.



Space Heaters and Portable Heaters

Keep anything that could burn - such as books, paper and clothing - at least 1 meter (3 feet) away from portable heaters.



If you hear an alarm ... GET OUT and STAY OUT

In a house or an apartment:

- **KNOW** the quickest way to get the children out.
- **KEEP** all the children near you
- **IF** you see fire, smell smoke or gas or hear an alarm, get the children out safely. Check for smoke by slowly opening the door. If there is smoke - you will have to stay in the premises.
- **IF** you must stay, move the children to a far room. Place as many doors between the children and the fire. Don't lock the doors - seal them with wet towels or sheets to prevent smoke from entering the apartment or room
- **PHONE** the fire department and give them your address and where you are.
- **CALL** the adults that hired you.
- **STAY** calm and signal fire fighters your location.

In an apartment:

- **NEVER** use an elevator.



If You Can't Get to the Children

If smoke or flames are blocking the way to the children's bedrooms, leave the building and call the fire department. Tell the fire department where the children are trapped.

Emergency Information

1. **ASK** parents/guardians to complete this form before leaving.
2. **KEEP** this form in your pocket at all times.

For EMERGENCY:

Fire: _____

Police: _____

Ambulance: _____

Poison Control: 1 (204) 787-2591

Where Parents can be reached:

Children's Address and phone number:

Neighbour's Address and Phone Number:

(Parents - check that this neighbour will be available for the babysitter)

Children's Names and Ages:

Medications and Times:

Allergies:

Other Instructions for Babysitter:
